

# Helping Families to Promote Well-Being & Reduce Health Risks for LGBTQ Children & Youth

## A one-day Family Acceptance Project® Training

**AUDIENCE:** This training is for Santa Clara County providers who work in behavioral health, health care, school-based, out-of-home and faith-based settings.

### LOCATION:

Zoom (online) -  
login details to be provided.  
Full visual (webcam) and audio  
participation is required.

### NEW 2020 DATES!:

Tuesday, October 27th or  
Monday, November 23rd

9:00 am - 4:30 pm

Registration begins at 8:45am

Our Trainings are free!

Register online at either:

- [sccLearn.sccgov.org](https://sccLearn.sccgov.org)  
those seeking CEUs and those  
with an sccLearn account
- [www.surveymonkey.com/r/  
SCCFamilyAcceptanceProject](https://www.surveymonkey.com/r/SCCFamilyAcceptanceProject)  
all other providers



Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and LEPs. This course meets qualifications for 6 hours of continuing education for LMFTs, LCSWs, LPCCs, and LEPs, as required by the Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency - Provider #131775. SCCBHSD also is approved by the CA Consortium of Addiction Programs and Professionals (CCAPP), the CA Association for Alcohol/Drug Educators (CAADE), and the Board of Registered Nursing (BRN) to provide CEUs.

Lunch and scheduled breaks during the training do not count towards CEU credit. You can download/print your own CEU Certificate online at sccLearn 2 weeks after the training date. SCCBHSD maintains responsibility for this program/course and its content.

Please contact the Learning Partnership if you need accommodations for one of our trainings, or if you have a grievance, at 408-792-3900.

### LEARNING OBJECTIVES:

After the completion of this training, participants will be able to:

- Discuss the role of family acceptance and rejection of LGBTQ adolescents on their health and well-being.
- Describe specific family behaviors that are related to increased health risks for LGBTQ adolescents, including suicidality, substance abuse, depression and HIV, and family behaviors that protect against risk and promote well-being.
- Discuss Family Acceptance Project® strategies to engage families and to help decrease risk and promote well-being for their LGBTQ children.

### --- 6 CEUs are Available! ---

Dr. Caitlin Ryan is a clinical social worker & researcher who has worked on LGBTQ health & mental health for more than 40 years, with a focus on children, youth and families. Dr. Ryan and her team at the Family Acceptance Project® conducted the first comprehensive research and developed the first evidence-based family support model to reduce risk and promote well-being for LGBTQ children and youth - in the context of their families, cultures and faith communities. Her work has established the field of family intervention and acceptance for LGBTQ children & youth and is widely recognized by professional and community groups.

**The Family Acceptance Project's research shows** that family rejection contributes to serious health risks for LGBTQ youth, including suicidal behavior, depression, illegal drug use, sexual health risks and HIV, while family acceptance helps protect against risk and promote well-being.

This training will provide an overview of key evidence-based approaches and strategies to increase family support for culturally diverse LGBTQ children and youth, and an opportunity to increase skills for working with their families.



COUNTY OF SANTA CLARA  
Behavioral Health Services



COUNTY OF SANTA CLARA  
Office of LGBTQ Affairs

