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Contact Us!

NAMI Santa Clara County Community Resource & Support Center
1150 S. Bascom Avenue
Suite 24
San Jose, CA 95128-3509
408.453.0400
www.namisantaclara.org
M–F, 10 A.M.–2 P.M.

Paid Opportunities

No General Meetings in July & August
Our next General Meeting will take place on Tuesday, Sept. 9, 2014.

NAMI Santa Clara Annual Picnic

Please join us for our annual picnic at the end of July. It’s always a wonderful event!

If you are available to help with setup, cooking, serving, cleanup, raffle prizes, music and/or other activities, please call the office to sign up.

NAMI California Annual Conference in Newport Beach
August 1–2, 2014

This year’s conference will take place at the Newport Beach Marriott Hotel and Spa in Newport Beach. The theme of this year’s conference is Growing Minds in Changing Times. For more details, call 916-567-0163 or go to www.namicalifornia.org. Once on the website, look for the green sign on the right-hand side of the page; click it for the link to the registration page. Or you can send a check to NAMI California, 1851 Heritage Lane, Suite 150, Sacramento CA 95815.

Early-bird registration has been extended to Friday, June 20. Space is limited, so register as soon as possible.

10th Annual Mood Disorders Education Day at Stanford University
Sat., June 28, 2014 ~ 8:30 A.M.–2:30 P.M.

The 10th Annual Mood Disorders Education Day will be held at the William R. Hewitt Teaching Center at 370 Serra Mall on the Stanford University campus. This is an excellent opportunity for all community members to learn about bipolar disorder and depressive disorder from experts in the field.

This event is free to the community, but the organizers would like attendees to register. Visit www.bipolar.org for more information, including the agenda and link to register.

NAMI Walks

There is still time to help us reach and surpass our overall NAMIWalk SF Bay Area goal — $500,000 — as well as our NAMI SCC goal — $100,000. Donations for NAMIWalks will be accepted until the end of July both online and by check. The online system will stay open for donations until the end of July.

Be sure to tell your friends and family members that there are different ways to make a donation:

- Online at www.namisantaclara.org to make a donation to a specific team or person OR
- Via mail by sending a check, made out to NAMIWalks, to our office at 1150 S. Bascom Av, Suite 24, San Jose 95128-3509.

NEW for Family Members: While you are waiting for NAMI’s 12-week Family-to-Family Education Program to begin, you can take an 8-hour crash course, Mental Health First Aid. Contact Diana Guido at 408-792-2166 or email her at Diana.Guido@hhs.sccgov.org.
Olayinka Popoola and Liezel Taube of the Center for Independence of Individuals with Disabilities discussed the financial and support considerations for people on SSI who are interested in working part-time.

A program called “Ticket to Work” is voluntary and free, set up to assist beneficiaries in obtaining supplemental income. Examples of services offered are skills testing; interest testing; resume preparation; interview skills training; job search/placement services; work incentives counseling; and job coaching or other ongoing services.

One advantage of signing up with the Social Security Administration to obtain supplemental income with this program is the protection offered in preventing a review. To meet the definition of disability, one must not be able to engage in any substantial gainful activity because you have medically determinable physical or mental impairments (expected to last at least twelve months). If you receive SSI benefits, different standards are applied to determine eligibility for continuation. Once you receive SSI, you can get benefits unless your earnings are too high.

Regarding SSI, work history is not a consideration. For every dollar the individual earns, half of the wages are counted against them. For example, if one earns $885 in the month, $400 is counted against SSI. The first $65 of earned income is not counted.

You can receive SSI cash payments even when your gross income is at the substantial gainful activity (SGA) level. If you go to work under “Ticket to Work,” there is a trial period that allows you to receive benefits if your monthly income exceeds $770. There is no time limit if it is less. Benefits can start again if you stop working. If your income is so high that your SSI stops, Medi-Cal continues until you earn above the threshold.

The Redbook, a document published by the Social Security Administration, is a summary guide to employment for persons with disabilities and contains different rules that apply to benefits. It is available on the Internet at www.socialsecurity.gov/redbook.

For more information, Ms. Popoola or Ms. Taube can be reached at 650-648-1780 at the Center for Independence of Individuals with Disabilities.

To access audio recordings of our General Meeting presentations, go to www.namisantaclara.org/meetings.htm.

5th Annual West Coast Disability Pride Parade & Festival
SV Independent Living Center
Co-organized by the Office of Supervisor Dave Cortese

WHEN: Sat., July 19 ~ 11 A.M.-3:30 P.M.
WHERE: Downtown Mountain View

SCHEDULE OF EVENTS:
♦ 11 A.M.: Parade check-in
♦ Noon: The parade will start at Centennial Plaza
♦ Noon—3:30 P.M.: The festival at Pioneer Park

Volunteer/Staff Spotlight: Barbara Thompson

Barbara Thompson found NAMI in the spring of 2009 by attending a Peer-to-Peer class. She started out folding newsletters and progressed to working on the Warm Line before becoming a Peer-to-Peer Coordinator, one of her current positions. Barbara is also chair of the Consumer Advisory Council, which has given her a seat on the NAMI SCC Board. The NAMIWalk Steering Committee is another component of her NAMI work, and BraveHearts is her Walk team that she co-captains with Rick Vierhus.

Barbara’s other interests include yoga, walking, going out with friends and cooking. Her favorite electronic toy is her iPad.

Barbara first learned about NAMI while in the hospital in 2003, but she took several years to move close enough to get involved.
Recap of NAMIWalk 2014
By Barbara Thompson

Perfect foggy walking weather with about 3000 people in attendance; our inspiring speaker, Sgt. Kevin Briggs, the “Godfather of the Golden Gate Bridge”; the moving dove release, the band, and many happy faces made this a wonderful event.

Thanks to all from our own and neighboring NAMI affiliates who made this important event come together. Our NAMI Santa Clara County Sponsors, Walk Volunteers, Team Captains, Walkers, Virtual Walkers, Donors, NAMI Santa Clara County Board of Directors, Staff, Volunteers and NAMIWalk Committee — thank you, thank you!

Did you have a good time? We’d love to hear about your Walk day. Contact Gini at vmitchem@hotmail.com or Barbara at barbarap2pnami@yahoo.com or call our office.

NAMI 2014 National Convention in Washington, D.C.
September 3–6, 2014

NAMI returns to the nation’s capital for the 2014 convention taking place at the Marriott Wardman Park Hotel. Being in Washington affords NAMI advocates the opportunity to educate their Congressional legislators about issues related to mental illness. Two thousand grassroots activists will meet face-to-face with our nation’s policy-makers on the National Day of Action to demand change to our nations’ mental health care system.

Visit www.nami.org/convention for all the information. The deadline for early-bird registration is Thursday, July 31.

Wellness Education Day

July is National Minority Mental Health Awareness Month. In celebration, NAMI Santa Clara County and Santa Clara County Mental Health Department’s Ethnic Cultural Communities Advisory Committee (ECCAC) will present a free multicultural community event, Wellness Education Day.

Free Parking
Free Registration ~ Dress Comfortably

TIME: Sat., July, 26, 10 A.M.–5 P.M.
PLACE: River of Life Christian Church
1177 Laurelwood Rd
Rooms E5/F2/F3
Santa Clara, CA 95054
RSVP: Brian Cheung
(Brian.Cheung@hhs.sccgov.org or 408-792-3922) OR
Leticia Medina
(Lecicia.Medina2@hhs.sccgov.org or 408-792-3921)
NAMI SCC Ongoing Activities
Supporting others is part of the recovery process.

Connection
Recovery Support Group
This group meets every Sunday 3-4:30 P.M. at the NAMI SCC office. To reduce group interruptions, please arrive between 2:45-3:10 P.M. when building doors are open. Note: that this group is for people over 18 with a mental illness.

Nature Walks
The Nature Walk takes place at 9–11 A.M. on the 1st Sunday of the month at Campbell Park in Campbell and is now being coordinated by the Davé family. For more info, contact them at 408-946-4379.

Paid Opportunities at NAMI SCC
- **Development Manager**
  (20 hours per week)
  The Development Manager leads the planning and execution of NAMI Santa Clara County's fundraising, marketing communications and public relations activities. The position will partner with the Executive Director and Board of Directors to build and strengthen relationships with funders and community partners. The successful candidate will have the ability to manage and prioritize fundraising projects, work with partners and volunteers and provide a clear view of how each project helps achieve the organization’s annual income goal.

- **In Our Own Voice (IOOV) Coordinator**
  (35 hours per month)
  NAMI SCC is seeking a coordinator for its In Our Own Voice (IOOV) Program, a powerful NAMI program that consists of presentations given by trained individuals with a lived experience of mental illness to groups of others with a lived experience, as well as family members, community groups, college students and professionals. The Coordinator oversees the coordination and administration of all aspects of the program, including planning, organizing, staffing, leading and controlling program activities.

For a full description of these positions, please go to our website, [www.namisantaclara.org](http://www.namisantaclara.org). If you are interested in one of these positions, please contact **Kathy Forward**, NAMI SCC Executive Director, at kforward@namisantaclara.org.

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**NAMI Santa Clara County, Community Resource & Support Center**

1150 S. Bascom Ave, Ste 24, San Jose, CA 95128-3509

**MEMBERSHIP APPLICATION OR RENEWAL**

**NOTE:** If this is a renewal, please indicate any changes in the following:

Name: ____________________________________________________________________________________

Street Address: __________________________________________ City:_____________________ State: ____ Zip: _______________

Home Phone: __________________ Work Phone: __________________ E-Mail Address: __________________________

**You will receive your newsletter via email. Please provide us with an email address.**

Would you be interested in doing volunteer work at NAMI? If interested, call 408-453-0400.

Please accept my annual membership at the following level: Please check one: □ New □ Renewal

$ 35 Membership Type: □ Standard Membership How did you hear about us? __________________________

$ 3 Membership Type: □ Open Door

Please accept my additional donation(s): □ General Fund _________ □ Education Program _________ □ Other _________

□ In Memory of __________________________ □ In Honor of __________________________

□ Resource Handbook (Donation of $25, w/postage add $10) ___________ □ Resource Guide Available online

Total Amount Enclosed: $________________ (Make checks payable to NAMI Santa Clara County.)

To pay online, go to [www.namisantaclara.org](http://www.namisantaclara.org) and click on “Join NAMI.”

Drive Change: Donate a vehicle today. To find out more, call 800-240-0160 or go to [www.namisantaclara.org](http://www.namisantaclara.org).

NAMI SCC welcomes your membership. Memberships are valid for one year. (Part of your membership dues enrolls you at NAMI State and National, which, in turn, automatically registers you as a member at all levels.) Additional donations help ensure that we can maintain our office, as well as our education programs. Your membership and donations are tax deductible.

Tax #94-2430956