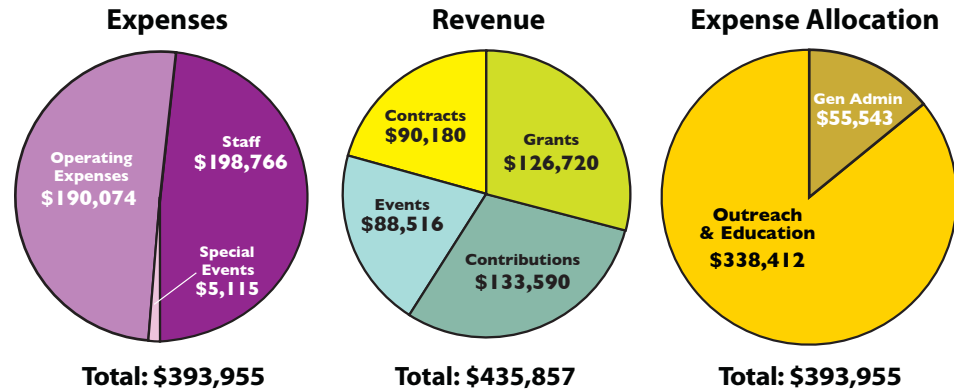


## Mission

NAMI Santa Clara County's mission is to help people with a lived experience of mental illness and families by providing support, education and advocacy; to promote research; to reduce stigma and discrimination in the community; and to improve services by working with mental health professionals and families.

## 2014 BUDGET



## Significant Statistics

- Population served: Santa Clara County
- Staff: 6.5 FTE (69 Staff, Teachers & Presenters)
- Total 2014 Operating Budget: \$393,955
- Clients: 8,700
- Volunteers: 190; Volunteer Hours: 26,000
- Value of Volunteer Hours: \$520,000

## Programs and Services

### Education & Support Programs

**Family-to-Family Education Program** — 12-week course designed for families living with mental illness (offered in English, Spanish and Mandarin). 15 Classes/Yr.

**NAMI Basics Program** — 6-week course designed for parents and caregivers of minors who have a mental illness. 2 Classes/Yr.

**Peer-to-Peer Program** — 10-week experiential education course focusing on recovery for persons interested in maintaining wellness (offered in English and Spanish). 8 Classes/Yr.

**Provider Education Program** — 5-week course for those whose job involves working with persons having a mental illness and/or their families or loved ones. 7 Classes/Yr.

**Peer PALS Program** (Peer Associate Leadership & Support) — Matches peer pals, or mentors, with peer consumers who can use the support of someone who has "been there." Peer PALS engage in weekly activities with consumers, supporting them in their journey towards recovery. 33 Matches/Yr.

**NAMI Faith Net** — Informational resource for faith communities, NAMI members and community partners.

**Support Groups** — Provide a safe place for individuals to share their concerns about their loved ones living with a mental illness (offered in English, Spanish, Chinese and Korean). 192 Groups/Yr.

**Connections Recovery Support Group** — Provides support for individuals living with mental illness through coping skills. 52/Yr.

**NAMI on Campus** — Extension of NAMI's mission into the campus community with student-led clubs that tackle mental health issues.

### Outreach

**Legislative Initiatives** — The NAMI Santa Clara County Legislative Committee actively monitors and advocates for favorable mental health legislation and quality treatment on all levels of government.

**Media Liaison** — NAMI Santa Clara County works with local media to provide impartial, objective reporting on issues affecting individuals living with mental illness, their families and the community. As consumers of private/public mental health services, our members are familiar with what is/is not working as well as services that are needed in the community.

**Crisis Intervention Team (CIT)** — Police officers & dispatchers of the Crisis Intervention Team (CIT) are trained to interact with individuals with a mental illness in the community. The program is designed to minimize use of force, increase officer/public safety and explain available resources in community policing. NAMI Santa Clara County assists in the training of the police officers. 5 Trainings/Yr.

**NAMI SCC Community Resource Center** — Open 10 A.M.–2 P.M., M–F, except holidays. After-hours messages can be left on our voicemail to be answered the next working day. Experienced Warm Line volunteers, a mental health resource library & free printed materials are available.

**Evening Hours Information** — After-hours telephone support is provided by experienced volunteers: one English-speaking, two Spanish-speaking, one Mandarin-speaking and one Cantonese-speaking.

### Presentations

**In Our Own Voice** — 182/Yr. Presentations throughout the community by trained individuals living with mental illness.

**Ending the Silence** — Presented to high school students to learn about mental illness.

**Parents and Teachers as Allies** — 2-hour in-service program for school professionals to help them better understand early warning signs of mental illnesses in children and adolescents.

### Other Services

**General Meetings** — Informative monthly meetings with programs dealing with legislation, research, treatment, rehabilitation, housing, mental health services, estate planning and legal issues. 9 meetings/Yr.

**Newsletters** — 10 newsletters per year provide information about activities, educational programs, support groups and services. A portion of one's annual dues is forwarded to NAMI National and NAMI California so that members also receive their newsletters.

**VA Kiosks** — A collaboration between NAMI Santa Clara County and the Veterans Administration that provides kiosks with video and print materials about mental illness in hospitals and on college campuses. 6 Locations.

**Speakers Bureau** — Experienced volunteers discuss mental illness at schools, colleges, hospitals, public institutions & community organizations. 200 Presentations/Yr.