**Our Mission**

The mission and values of NAMI - Santa Clara County is to help people with a lived experience of mental illness and families by providing support, education and advocacy; to promote research; to reduce stigma and discrimination in the community; and to improve services by working with health professionals and families.

**Significant Statistics**

- **Population served:** Santa Clara County
- **Staff:** 12 FTE (62 Staff, Teachers & Presenters)
- **Total 2017 Operating Budget:** $766,435
- **Contacts:** 9,500
- **Volunteers:** 215; **Volunteer Hours:** 28,000
- **Value of Volunteer Hours:** $560,000

**Programs and Services**

**Education & Support Programs**

- **Family-to-Family Education Program** — 12-week course for family members with a loved one with mental illness (offered in English, Spanish, Mandarin and Korean). 17 Classes/Yr.
- **NAMI Basics Program** — 6-week course designed for parents & caregivers of minors who have a mental illness. 3 Classes/Yr.
- **Peer-to-Peer Program** — 10-week experiential education course focusing on recovery for persons 18 and over (offered in English and Spanish). 9 Classes/Yr.
- **Provider Education Program** — 5-week course for professionals who work with persons living with mental illness and/or their families. 7 Classes/Yr.
- **Peer PALS Program** (Peer Associate Leadership & Support) — Matches trained PAL with someone with like interests & who is in need of support from isolation. Matched pairs engage in weekly talks and activities. 40 Matches/Yr.
- **Mentors on Unit** — Matches trained Peer Mentor with person in a hospital/outpatient program in need of support & resources to transition into the community. 90 Matches/Yr.
- **NAMI Faith Net** — Informational resource for faith communities, NAMI members and community partners. 4 Presentations/Yr.
- **Support Groups** — Provide a safe place for individuals to share concerns about their loved ones living with a mental illness (offered in English, Spanish, Mandarin, Chinese and Korean). 192 Groups/Yr.
- **Connections Recovery Support Group** — Provides support for adults living with mental illness through sharing issues & coping skills. 52/Yr.
- **NAMI on Campus** — Extension of NAMI’s mission into the campus community w/student-led clubs that tackle mental health issues. Locations: De Anza College.
- **Outreach**
  - **Legislative Initiatives** — The NAMI-Santa Clara County Legislative Committee actively monitors and advocates for favorable mental health legislation and quality treatment on all levels of government.
  - **NAMI on Campus** — Extension of NAMI’s mission into the campus community w/student-led clubs that tackle mental health issues. Locations: De Anza College.

**Media Liaison** — NAMI-Santa Clara works with local media to provide impartial, objective reporting on issues affecting individuals living with mental illness, their families and the community.

**Crisis Intervention Team (CIT)** — Police officers & dispatchers of the Crisis Intervention Team are trained to interact with individuals living with mental illness in the community. The program is designed to minimize use of force, increase officer/public safety & explain available resources in community policing. 6 Trainings/Yr.

**NAMI-SCC Warmline Help Desk & Community Resource Center**

Experienced Warmline volunteers offer support, information and referrals via phone, email or walk-in, as well as a mental health resource library and mental health and community resource materials. Office hours 10 am to 2 pm, M-F (except holidays).

**Presentations**

- **In Our Own Voice** — Presentations throughout the community by trained individuals living with mental illness. 240 Presentations/Yr.
- **Ending the Silence** — Presented to middle school and high school students to learn about mental illness. 15 Presentations/Yr.

**Other Services**

- **General Meetings** — Informative monthly meetings with presentations on rehabilitation, housing, mental health services, estate planning and legal issues. Open to public. 9 Meetings/Yr.
- **Newsletter & Resource Guide** — Provide information about activities, educational programs, support groups & services. 10 Newsletters/Yr.
- **VA Kiosks** — A collaboration between NAMI-Santa Clara County and the Veterans Administration that provides kiosks with video and print materials about mental illness. 6 Locations in hospitals and on college campuses.
- **Speakers Bureau** — Experienced volunteers discuss mental illness at schools, colleges, hospitals, public institutions and community organizations. 240 Presentations/Yr.

**Expense Allocation**

- **Outreach & Education:** $687,886
- **Revenue:** $973,295
- **Operating Expenses:** $315,963
- **Staff:** $450,472
- **Total:** $766,435

**Expense Allocation**

- **Gen Admin:** $78,549
- **Events:** $207,666
- **Contributions:** $303,036
- **Contracts:** $90,687
- **Grants:** $371,906
- **Total:** $973,295
- **Total Expenses:** $371,906

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