Is there a cost to our services?

The NAMI-SCC Community Peer Program is free to those needing our program, as are all NAMI-SCC Programs.

NAMI-SCC is a nonprofit organization and relies heavily on private donors and grants to fund our programs and their operating costs. Private donations specifically designated to go to support our Community Peer Program are always welcome.

Donations can be made on our website:

www.namisantaclara.org



You can also begin a fundraiser on Facebook.



Advocacy Support Education Information

San Jose, CA 95128 1150 S. Bascom Ave., Suite 24 Your Community's Voice on Mental Illness Santa Clara County





Community Peer **Program**



NAMI-Santa Clara County Your Community's Voice on Mental Illness

1150 S. Bascom Ave., Suite 24 San Jose, CA 95128

Monday - Friday 10 a.m. - 6 p.m. 408-453-0400 Fax: 408-453-2100 Community Peer email: CPP@namisantaclara.org

Website: www.namisantaclara.org



Community Peer Program

Our Vision

Increasing mental wellness and recovery for persons with a mental health diagnosis through the support of their Peers.

The Community Peer Program was created for those with a mental health diagnosis (Participant) to find and maintain recovery and wellness through the support of someone who is traveling that road (Peer).

Who is a Peer Connector?

A Peer Connector is someone who has "been there," is now doing well in their own recovery, and wants to share hope with a Participant who also has a mental diagnosis. Peer Connectors meet their Participants once a week and call twice a week. Peer Connectors have been trained through NAMI's Peer-to Peer Recovery Education Course and ongoing weekly peer trainings.

Why would I want to be a Peer Connector?

The most compelling reason to become a Peer Connector is caring deeply about others and wanting to make a difference. Many people who have experienced numerous episodes of mental illness have found ways to cope and practice healthy living, often through the support of their Peers. Peer Connectors want to give back. They receive weekly training – an opportunity to learn more about recovery and be in community with their peers.

Who is a Peer Connector Participant?

A person who is matched and receiving the support of a Peer Connector; a person with a mental health diagnosis who is not doing well and is willing to be matched with a Connector who can help them on their journey of wellness and recovery.

Why would I want a Peer Connector?

Peer Connectors are well acquainted with the struggles, fears, isolation, and hopelessness that those with a mental health diagnosis share. Because of this commonality, they are in a unique position to relate to and understand their Participant's experience.

Who is a Peer Mentor?

A Peer Mentor works with participants referred by hospitals that have given us grants or funds. Mentors are doing well in their recovery and support their Participant in the journey to wellness and recovery.

Who is a Peer Mentor Participant?

A person who has recently been discharged from the hospital and is working hard at wellness and recovery but needs some support.

We only accept referrals from a hospital case manager or social worker. No self-referrals.

Program Interest Form

I'd like the support of a Peer Connector.
I'd like to find out how to become a Peer Connector for someone in need.
Name:
Address:
Phone:
e-mail:
Comments:

Please return this form to:

Community Peer Program

NAMI-Santa Clara County 1150 S. Bascom Ave., Suite 24 San Jose, CA 95128

or Email: CPP@namisantaclara.org