

# FaithNet Weekly news & updates

April 15, 2020 | Issue 1, Week 1

## Upcoming Events

Join us for our virtual **Faith Leaders Luncheon** on Thursday, April 30th @ 11am. Please RSVP. [Learn More Here](#).

## Mental Health Awareness Month

**Coming in May!** Find NAMI's Mental Health Month online with [Promotional Resources](#).

## National Weekend of Prayer

The National Action Alliance on Suicide Prevention will hold its **annual weekend of prayer in America on May 15-17, 2020**. To learn how you and your congregation can participate, visit the Faith, Hope, and Life website to obtain [Additional Resources](#).

## QPR: Suicide Prevention Training

The Office of Suicide Prevention in Santa Clara County offers a FREE suicide prevention training online. It can be taken individually. Simply contact their office. Details are on their [QPR Flyer](#).

## Join Us on Facebook!

NAMI FaithNet invites you to participate in our private group for Faith Leaders. Simply request to join the page on [Facebook](#).



Santa Clara County

## COVID-19 Mental Health Resources

The current "Shelter-In-Place" order can be very isolating for people who living with mental health conditions. The NAMI Santa Clara County office will be closed to the public, but our Warmline Staff are still working remotely to provide information and resources to you. **Call the Warmline at 408-453-0400, Option 1 / Mon – Fri 10am to 6pm** (choose Option 4 for after hours and receive call back support). Here's a personal message from **Daniel H. Gillison, Jr, the CEO of the National Alliance on Mental Illness**, "We recognize that people affected by mental illness face additional challenges dealing with **COVID-19**. Now, more than ever, it's important to remember that **there is no health without mental health**. During these difficult times, we encourage you to take care of yourselves and check in on loved ones. You are not alone, and we will get through this together." [COVID-19 MH Resources](#)

## Faith Leaders Connect with Our Network



## Ask Them For Their Wisdom

Many people are asking the question, "In the face of COVID-19, how can we best help those with mental illnesses?" This is an important question as we scramble to provide medications and therapy to those who need our steady support.

[READ MORE](#)

NAMI-SANTA CLARA COUNTY FAITHNET  
<https://namisantaclara.org/classes/faith-net-2/>

