

NAMI Santa Clara County Support Groups are listed below. If your support group is meeting

- Via Phone conference, call **408-453-0400** followed by the extension.
- Via Zoom, click on the link to sign up. You will receive the Zoom link day before your group meets.

DAY	TIME	GROUP-LOCATION	ZOOM/ PHONE CONFERENCE
<b>1ST WEEK OF THE MONTH</b>			For Phone, call 408-453-0400 x
<b>SUNDAY</b>	3-4:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>MONDAY</b>	7 - 8:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>TUESDAY</b>	7-8:30 pm	TAY-FSG LOS GATOS	<a href="https://bit.ly/tay-rsvp">https://bit.ly/tay-rsvp</a>
<b>TUESDAY</b>	7-8:30 pm	FSG-MTN VIEW	<a href="https://bit.ly/1w-mv-fsg">https://bit.ly/1w-mv-fsg</a>
<b>WEDNESDAY</b>	6-7:30 pm	FSG JAIL-OFFICE	<a href="https://bit.ly/1w-jcs-fsg">https://bit.ly/1w-jcs-fsg</a>
<b>THURSDAY</b>	6:30 -8:30 pm	CONNECTIONS-OFFICE	Call <b>X6050</b> for Zoom Link
<b>THURSDAY</b>	7-8:30 pm	FCSG BAPTIST CHURCH-SAN JOSE	<b>CALL X6052</b>
<b>FRIDAY</b>	7-9:30 pm	FSG SPANISH-OFFICE	<a href="https://bit.ly/spanish-fsg">https://bit.ly/spanish-fsg</a>
<b>2ND WEEK OF THE MONTH</b>			For Phone, call 408-453-0400 x
<b>SUNDAY</b>	3-4:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>MONDAY</b>	7-8:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>THURSDAY</b>	6:30-8:30 pm	CONNECTIONS-OFFICE	Call <b>X6050</b> for Zoom Link
<b>THURSDAY</b>	7-8:30 pm	FSG ST LOUISE-GILROY	<a href="https://bit.ly/2w-gilh-fsg">https://bit.ly/2w-gilh-fsg</a>
<b>THURSDAY</b>	7-8:30 pm	FSG JEWISH CENTER-PALO ALTO	<a href="https://bit.ly/pa-fsg">https://bit.ly/pa-fsg</a>
<b>FRIDAY</b>	7-8:30 pm	FCSG KAISER-SAN JOSE	<a href="https://bit.ly/2w-kaiser-fcsg">https://bit.ly/2w-kaiser-fcsg</a>
<b>FRIDAY</b>	7-9:30 pm	FSG SPANISH-OFFICE	<a href="https://bit.ly/spanish-fsg">https://bit.ly/spanish-fsg</a>
<b>3RD WEEK OF THE MONTH</b>			For Phone, call 408-453-0400 x
<b>SUNDAY</b>	3-4:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>SUNDAY</b>	1:30-3:30 pm	POV TAY WESTGATE-SAN JOSE	<a href="https://bit.ly/pov-rsvp">https://bit.ly/pov-rsvp</a>
<b>MONDAY</b>	7-8:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>TUESDAY</b>	7-8:30 pm	FSG-OFFICE	<a href="https://bit.ly/3w-sj-fsg">https://bit.ly/3w-sj-fsg</a>
<b>WEDNESDAY</b>	6-7:30 pm	FSG JAIL-OFFICE	<a href="https://bit.ly/1w-jcs-fsg">https://bit.ly/1w-jcs-fsg</a>
<b>THURSDAY</b>	6:30-8:30 pm	CONNECTIONS-OFFICE	Call <b>X6050</b> for Zoom Link
<b>THURSDAY</b>	7-9 pm	FCSG CHINESE -MTN VIEW	EMAIL <a href="mailto:jenhong1947@gmail.com">jenhong1947@gmail.com</a>
<b>THURSDAY</b>	7-8:30 pm	FCSG BAPTIST CHURCH-SAN JOSE	<b>CALL X6052</b>
<b>FRIDAY</b>	7-9:30 pm	FSG SPANISH-OFFICE	<a href="https://bit.ly/spanish-fsg">https://bit.ly/spanish-fsg</a>
<b>4TH WEEK OF THE MONTH</b>			For Phone, call 408-453-0400 x
<b>SUNDAY</b>	3-4:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>MONDAY</b>	7-8:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>TUESDAY</b>	6:30- 8 pm	FSG LIBRARY-GILROY	<a href="https://bit.ly/4w-glib-fsg">https://bit.ly/4w-glib-fsg</a>
<b>THURSDAY</b>	6:30 -8:30 pm	CONNECTIONS-OFFICE	Call <b>X6050</b> for Zoom Link
<b>THURSDAY</b>	7-8:30 pm	FSG STANFORD-PALO ALTO	<a href="https://bit.ly/4w-stan-fsg">https://bit.ly/4w-stan-fsg</a>
<b>FRIDAY</b>	7-9:30 pm	FSG SPANISH-OFFICE	<a href="https://bit.ly/spanish-fsg">https://bit.ly/spanish-fsg</a>
<b>5TH WEEK OF THE MONTH</b>			For Phone, call 408-453-0400 x
<b>SUNDAY</b>	3-4:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>MONDAY</b>	7-8:30 pm	CONNECTIONS-OFFICE	<b>CALL X6050</b>
<b>THURSDAY</b>	6:30-8:30 pm	CONNECTIONS-OFFICE	Call <b>X6050</b> for Zoom Link
<b>FRIDAY</b>	7-9:30 pm	FSG SPANISH-OFFICE	<a href="https://bit.ly/spanish-fsg">https://bit.ly/spanish-fsg</a>

**CONNECTIONS**  
For individuals living with  
Mental Health Conditions

**FSG**  
For Family members and Friends  
having loved ones with a  
mental health condition

**FCSG**  
For both family members  
and individuals with  
mental health conditions