

NAMI Santa Clara County Support Groups are listed below. If your support group is meeting

- Via Phone conference, call **408-453-0400** followed by the extension.
- Via Zoom, click on the link to sign up [ahead of time](#) to receive a zoom link from your facilitator by email.

Deadline to sign up: 2 hours before the support group begins (e.g. 5 PM for groups starting at 7 PM)

DAY	TIME	GROUP-LOCATION	ZOOM/ PHONE CONFERENCE
1ST WEEK OF THE MONTH			For Phone, call 408-453-0400 x
SUNDAY	3-4:30 pm	CONNECTION-OFFICE	CALL X6050
MONDAY	7 - 8:30 pm	CONNECTION-OFFICE	CALL X6050
TUESDAY	7-8:30 pm	FSG (TAY) - LOS GATOS	https://bit.ly/tay-rsvp
TUESDAY	7-8:30 pm	FSG-MTN VIEW	https://bit.ly/1w-mv-fsg
WEDNESDAY	6-7:30 pm	FSG JAIL-OFFICE	https://bit.ly/1w-jcs-fsg
THURSDAY	6:30 -8:30 pm	CONNECTION-OFFICE	Call X6050 at 6:30 pm for Zoom Link
THURSDAY	7-8:30 pm	FCSG BAPTIST CHURCH-SAN JOSE	CALL X6052
FRIDAY	7-9:30 pm	FSG SPANISH-OFFICE	https://bit.ly/spanish-fsg
2ND WEEK OF THE MONTH			For Phone, call 408-453-0400 x
SUNDAY	3-4:30 pm	CONNECTION-OFFICE	CALL X6050
MONDAY	7-8:30 pm	CONNECTION-OFFICE	CALL X6050
THURSDAY	6:30-8:30 pm	CONNECTION-OFFICE	Call X6050 for Zoom Link
THURSDAY	7-8:30 pm	FSG ST LOUISE-GILROY	https://bit.ly/2w-gilh-fsg
THURSDAY	7-8:30 pm	FSG JEWISH CENTER-PALO ALTO	https://bit.ly/pa-fsg
FRIDAY	7-8:30 pm	FCSG KAISER-SAN JOSE	https://bit.ly/2w-kaiser-fcsg
FRIDAY	7-9:30 pm	FSG SPANISH-OFFICE	https://bit.ly/spanish-fsg
3RD WEEK OF THE MONTH			For Phone, call 408-453-0400 x
SUNDAY	3-4:30 pm	CONNECTION-OFFICE	CALL X6050
SUNDAY	1:30-3:30 pm	POV TAY WESTGATE-SAN JOSE	https://bit.ly/pov-rsvp
MONDAY	7-8:30 pm	CONNECTION-OFFICE	CALL X6050
TUESDAY	7-8:30 pm	FSG-OFFICE	https://bit.ly/3w-sj-fsg
WEDNESDAY	6-7:30 pm	FSG JAIL-OFFICE	https://bit.ly/1w-jcs-fsg
THURSDAY	6:30-8:30 pm	CONNECTION-OFFICE	Call X6050 for Zoom Link
THURSDAY	7-9 pm	FCSG CHINESE -MTN VIEW	EMAIL jenhong1947@gmail.com
THURSDAY	7-8:30 pm	FCSG BAPTIST CHURCH-SAN JOSE	CALL X6052
FRIDAY	7-9:30 pm	FSG SPANISH-OFFICE	https://bit.ly/spanish-fsg
4TH WEEK OF THE MONTH			For Phone, call 408-453-0400 x
SUNDAY	3-4:30 pm	CONNECTION-OFFICE	CALL X6050
MONDAY	7-8:30 pm	CONNECTION-OFFICE	CALL X6050
TUESDAY	6:30- 8 pm	FSG LIBRARY-GILROY	https://bit.ly/4w-glib-fsg
THURSDAY	6:30 -8:30 pm	CONNECTION-OFFICE	Call X6050 for Zoom Link
THURSDAY	7-8:30 pm	FSG STANFORD-PALO ALTO	https://bit.ly/4w-stan-fsg
FRIDAY	7-9:30 pm	FSG SPANISH-OFFICE	https://bit.ly/spanish-fsg
5TH WEEK OF THE MONTH			For Phone, call 408-453-0400 x
SUNDAY	3-4:30 pm	CONNECTION-OFFICE	CALL X6050
MONDAY	7-8:30 pm	CONNECTION-OFFICE	CALL X6050
THURSDAY	6:30-8:30 pm	CONNECTION-OFFICE	Call X6050 for Zoom Link
FRIDAY	7-9:30 pm	FSG SPANISH-OFFICE	https://bit.ly/spanish-fsg

CONNECTION

For individuals living with Mental Health Conditions

FSG

For Family members and Friends having loved ones with a mental health condition

FCSG

For both family members and individuals with mental health conditions