

NAMI Santa Clara County Board of Directors Meeting Minutes
Tuesday, 2nd February 2021, 5:30 PM, 1150 S. Bascom, Suite 24

Attendance by videoconference: Vic Ojakian, Navah Statman, Rovina Nimbalkar, Juan Perez, Harold Brown, Uday Kapoor, Steve Wade, Karen Deloumi, Frank Alioto, Kathy Forward, Barbara Thompson, Gini Mitchem, Moryt Milo, Lisa & Ed Baumann, Peter Newman.

Meeting convened at 5:31 PM.

1. **Welcome**

- a. Agenda approved.
- b. Jan 5th, 2021 BoD minutes approved.

2. **Reports and Updates**

- a. **Treasurer Update—Steve:** Please refer to the Treasurer's Report and the Balance Sheet, the Profit & Loss and the Budget vs. Actual statements as of end Jan 2021. We have \$864k in cash, \$100k more than at year end. We have done well with reserved grants including \$100k from Cigna and \$8.5k from Bradley Electric. Already we are at 179% of budget for this year. Payroll has finally exceeded budget due to the bonuses paid out in Jan. Expenses are almost at budget. We ended the month with an income of \$35k against an expected loss of \$24k. Karen asked about income from Amazon Smile. It does not amount to very much. Harold complimented Rovina on being very proficient at getting grants out. Vic inquired whether we have additional money and whether we need to discuss how to use it. Our cash is at about seven months of operating expenses. We have been at about that all the time Steve has been treasurer. Harold observed that we are limited in delivering our services by COVID-19. The EtS program is a huge opportunity. We need to get proficient at delivering it remotely. Frank expressed concern that all state funds are being directed toward mitigation of the COVID-19 virus. We are unlikely to see an increase in their budgets for some time. Discussion of the state budget followed. Vic will consider an agenda item to discuss possible projects for the next meeting. Karen asked if we already have a wish list of projects. We will construct a list in as part of this item. Kathy suggested we look at the class report to see which programs are supported by grants. A motion to approve the Treasurer's Report as presented was passed.

b. **VP Updates:**

- i. **Juan:** Please refer to the Spanish Program report for details. The FaF class has started with about 12 people attending. The Family Support Group has about 20 participants. Harold asked about our Spanish website mentioned in the report. It is part of our NAMI website. Karen asked whether we plan to continue with online classes after COVID-19 subsidies. Juan responded with an emphatic yes. It is another factor in how we expand services.
- ii. **Uday:** (1) The county has finally proposed funding for the Independent Living Project. However, there are questions from the oversight committee. We are working with the stakeholders to submit a response. We are asking for \$495k per year for two years. (2) Ky Le is preparing a report on the housing crisis for the Board of Supervisors. Uday is working with Kathy, Rovina and David Mineta to offer input. (3) Uday has been invited by Tom Jurgensen to join a panel discussion on the housing crisis in SCC at the monthly Behavioral Health Board meeting. Vic gave us some background on Tom and the BHB. Navah spoke about a letter Nicole Rathjen has written about her lived experience with the housing crisis. She felt that Nichole should be invited to read this letter during the public comment at the meeting. Karen spoke about an article on housing by Supervisor Mike Wasserman.

c. **Presidents' Updates**

- i. **Vic:** Nothing to report.

- d. **Executive Director Report—Rovina:** Please refer to the Executive Director's Report for details. We applied for a grant from California Covid Relief. We received a call from El Camino Hospital Marketing regarding EtS, Warmline and Connections and have applied for a grant. We have distributed almost everything for the Holiday Drive. Kyle and Rovina met with the Warrior Coordinator regarding a hybrid event in May. We gave two high school presentations. NAMI National will again abstain from taking its ten percent from the Walk revenue for this year. The Walk Committee has not yet settled upon a date for the Walk. It is likely to be part virtual and part in person. Rovina will be doing a presentation for park rangers later this month. The Bay Area affiliates are meeting on a regular basis for support and general discussion. We have a screening of the movie Bedlam with a prerecorded panel discussion afterwards. Vic announced that Michael Fitzgerald, Executive Director of Mental Health & Addiction Services at El Camino Hospital, will be retiring. He was a guiding light and has been an innovator and a champion. He may be a good candidate for our advisory board.
- e. **Consultant Report—Kathy:** Please refer to the Consultant's Report for a detailed list of programs, events and meetings. The classes have started. One P2P class has started and another one is due to start in a couple of weeks. We gave five IOOV presentations. Kathy is on the workgroup for the MHSA Community Mobile Response pilot program. We have heard that there may be additional funding to extend FaithNet into next year. Kathy attended a presentation on suicide prevention in schools. Vic gave an overview of this program. Navah reminded us about the NAMI on Campus program.
- f. **Fundraising Committee Update**
 - i. **Funding Plans and Grants Status—Harold:** Please refer to the minutes of the Fundraising Committee for details. Harold gave a summary of the committee meeting. The largest area of growth has been with local government grants for the Warmline and FaithNet programs. The committee discussed what will happen if funding for these core programs falls short. The NAMI Walk revenue is not growing rapidly. It is important but it is not the largest source of income. The committee talked about relationships with behavioral health providers. We have not yet received a response from Good Samaritan Hospital. The committee felt that corporate giving and sponsorships are our best opportunity for expansion. Employee assistance programs may also be an opportunity. In government grants we will continue our relationships and support Rovina. We need to maintain relationships with graduates of our F2F classes. El Camino Hospital is not going to publish the report on the peer mentoring outcome study. They do not have confidence in the intern that did the study. Harold is convinced they can do a financial study in terms of remission rates and he will encourage them to do so. Harold expressed appreciation for Moryt's work in the interviews she is doing.
 - g. **Community Peer Program and FaithNet—Kathy:** Please refer to the Community Peer Program report.
 - h. **Newsletter—Rovina:** Articles for the Mar issue should be submitted by Feb 12.
 - i. **General Meeting—Rovina:** Rovina spoke briefly about the speaker for the next General Meeting. We will present our Community Merit Award to David Mineta at the meeting.

3. Other Actions

- a. **Legislative Committee: Legislation Updates—Frank:**
 - i. Frank intends to track what the governor has to say. He called Jim Beall who is very interested that we will keep track of legislation and asked to be kept in the loop. He may provide us with an introduction to Senator Scott Weiner. There are currently 245 legislative items that deal with mental health. Frank asked the board members where their interests lie. What do we want to advocate for locally? Navah suggested the board needs to decide what our priorities are for next year. She offered to give Frank a call. Navah spoke about AB 1976

—Laura's Law and SB 1152—the hospital patient discharge process. Vic spoke about the board sending letters of support on specific pieces of legislation and reminded us that state legislators normally have to get their proposed legislation submitted by end Jan.

b. **New Business:**

i. No new business.

4. **Dates to Remember**

a. Next Board Meeting: Tues 2nd Mar 2021 at 5:30 PM.

Meeting adjourned at 7:01 PM followed by a brief closed session of the board.

Respectfully submitted,

Peter Newman

Feb 7, 2021