

NAMI Santa Clara County Board of Directors Meeting Minutes  
Tuesday, 1<sup>st</sup> June 2021, 5:30 PM, 1150 S. Bascom, Suite 24

**Attendance by videoconference:** Vic Ojakian, Bev Lozoff, Navah Statman, Rovina Nimbalkar, Juan Perez, Harold Brown, Uday Kapoor, Steve Wade, Karen Deloumi, Frank Alioto, Moryt Milo, Kathy Forward, Barbara Thompson, Peter Newman.

Meeting convened at 5:33 PM.

1. **Welcome**

- a. Agenda approved.
- b. May 4<sup>th</sup>, 2021 BoD minutes approved.

2. **Action**

- a. **Board Community Advisory Committee—Harold:** Please refer to the draft NAMI-SCC Community Advisory Council Description and Plan documents. At their recent meetings the Fundraising Committee has been discussing plans to establish a Community Advisory Council. Karen asked if any younger people are involved in it. Navah responded that we can all propose candidates for the council. Harold sees the council members as people with expertise in their area. Frank asked if mental health or behavioral health experience is necessarily a prerequisite. Harold felt that it is not but that a passion for it is. Navah has created a preliminary list of possible candidates and will distribute it. We have to make participation in the council a worthwhile experience for the members and we need to keep them in the loop. Meetings will probably be via Zoom. We are looking for six to twelve people. We see their main contribution as help with fundraising and help with public relations. The meeting schedule was discussed. We will need to establish a process to make the invitations. We will probably also need to have something in our bylaws. We will check with NAMI National to see if they have any guidelines. Vic summarized the council as a supplemental group that extends who NAMI is out into the community and helps with fundraising. Rovina suggested we consider including a social media influencer who is passionate about mental health. Moryt observed that many school boards have a student on the board. We will not start work on the council until after the Walk. Bev exhorted everyone to read the planning documents. At the next meeting we can discuss Navah's list. Vic asked everyone to please give some thought to people you may know as prospective candidates.
- b. **Annual July Picnic—Rovina:** We haven't yet decided the date for the picnic. We might hold it in Aug depending on how things open up. We will think about it after the Walk Kickoff.

3. **Reports and Updates**

- a. **Treasurer Update—Steve:** Please refer to the Treasurer's Report and the Balance Sheet, the Profit & Loss and the Budget vs. Actual statements as of end May 2021. Cash is now at \$625k with accounts receivable up to \$134k. We are within \$8k of budget on net income. We budgeted a loss of \$242k but our loss is less than that mostly because of the forgiveness of the PPP loan. Our year-to-date loss is \$103k. IT expense has been running above budget all year. We are off budget on revenue by \$48 and at 96% of budget on expenses. \$625k in cash is about what we would normally run. A motion to approve the Treasurer's Report as presented was passed.
- b. **VP Updates:**
  - i. **Juan:** Please refer to the report on the Spanish Program from Lourdes. We have started a waiting list for the FaF and PaP classes. We had a good response from the Latino Community advocating for Laura's Law at the Board of Supervisors meeting.
  - ii. **Uday:** (1) Moryt and Uday wrote up what they thought we as a board should do as a result of the Panel Discussion on Housing. There are two main items, getting a process in place to gather housing data, and to determine what the needs are. (2) Uday expressed disappointment at a recent decision by the Behavioral Health Board for an ad hoc committee

to act as a placeholder that will delay consideration for two years. Discussion followed with agreement that this makes little sense but that the primary directive for the department at present is COVID-19 and all other issues take second place. It was felt that we should raise the matter with Supervisor Cindy Chavez's office but we'd better meet to get a unified approach before we do so. Navah suggested we wait a couple of weeks because they are at the tail end of the budget process. Discussion of upcoming legislation followed. (3) Uday spoke about plans for the symposium, "Bridging the Gap, Services for I/DD and Mental Health," and asked Kathy if she could join a panel on integrative care.

c. **Presidents' Updates**

- i. **Bev:** Bev reported hearing people say that NAMI-SCC is the Cadillac version that all others should aspire to. We are being noticed and we should be proud of it.
  - ii. **Vic:** Vic discussed the National Patient Safety Goal 15.01.01. There is a joint commission that audits and accredits hospitals periodically. In 2019 they agreed on a National Patient Safety Goal to which hospitals must comply. The goal says that a patient upon admission must be screened and assessed for suicide and on discharge must have a management plan and a safety plan. Vic cited an example of a young man discharged with minimal effort for ongoing care. Vic wants the board to know about this goal and the requirement that medical institutions honor it. **Navah:** spoke about another example case and about patient dumping. The problem is also the insurance company pressuring the hospital to discharge patients, and not just the hospitals themselves. **Harold:** felt the goal has little value unless the families are involved. **Juan:** observed that this happens on a daily basis. **Karen:** said that's why it is important to get the NAMI name out there. **Harold:** suggested we post a link to it on the website.
- d. **Executive Director Report—Rovina:** Please refer to the Executive Director's Report for details. We have applied for a number of grants. (Details are listed in the report.) We gave a fundraising and outreach presentation at Ring Central. A Constant Contact communication to our contact list received three responses regarding potential corporate sponsors. We are planning a screening of the film House of Healing after the Walk. The KLA Foundation is organizing a company-wide walk and they will support us with a portion of the proceeds. Rovina met with with the SJ Sharks and the SJ Giants about a potential event in Oct. (The Warriors did not deliver what they promised so we are being cautious.) The Kickoff for the Walk is on Sat. Rovina described arrangements for the Kickoff. The Walk will be a hybrid event with the theme of unity. We have raised \$48k for the Walk so far. Bev reminded us that last year the board sponsored the Walk and she hopes we will do so again.
- e. **Consultant Report—Kathy:** Please refer to the Consultant's Report for a detailed list of programs, events and meetings. All programs are ongoing. We are converting the twelve week F2F course to the new eight week course ready for the fall. We gave five IOOV presentations but no EtS presentations. Kathy attended a meeting for the Interactive Video Scenario Training. They are working on ten new scenarios. We gave them some feedback and we hope they will hold focus groups once the scripts are developed. Bev asked whether much content has been eliminated in the new eight week F2F program. Kathy felt that much of the material has been condensed and too much has been packed into each class. It is fast paced. They are working on revising it again.
- f. **Fundraising Committee Update**
- i. **Funding Plans and Grants Status—Harold:** Kyle sent out a Constant Contact item about donating a vehicle. Frank spoke about his experience of donating a car. Karen inquired about the funds we receive from the Amazon Smile program.
  - ii. **NAMIWalk—Harold:** The Kickoff event is on Sat. Arrangements for the event were discussed.

- g. **Community Peer Program and FaithNet—Kathy:** Please refer to the Community Peer Program and FaithNet reports. Cindy is preparing the FaithNet report for May. It has been really busy preparing for provider training. Kathy spoke briefly about the training. We are hoping for 20-25 participants. Dawn has resigned from her position in FaithNet. She is moving on. We received a lot of requests for the Mental Health 101 presentation in Spanish. Erika and Lourdes have been interviewed on TV. Harold drew attention to Lourdes comments in her report thanking us for our support. We are interviewing candidates for Lourdes replacement.
  - h. **Newsletter—Bev:** Articles for the Jly/Aug issue should be submitted by Jun 16. Work on the Sep issue will begin in Aug.
  - i. **General Meeting—Bev:** At the next meeting we have: 'Housing that Heals.' Teresa Pasquini and Lauren Rettagliata will speak about the work they are doing. In Sep we have a presentation on drug use and abuse.
4. **Other Actions**
- a. **Legislative Committee: Legislation Updates—Frank:** (1) We have submitted a modest proposal for changes to the legislative area of our website to Rovina. Our model is the NAMI CA website. All politics is local. We would like to concentrate a little more on SCC as the highest priority. **Moryt:** asked if we can find out who does the backend for the NAMI CA website. Perhaps we can get the template from them and avoid redesigning it ourselves. (2) **Navah:** spoke about Laura's Law. (3) We made a lot of phone calls. We want to replicate our recent success with Dave Cortese and Ro Khanna. Zoe Lofgren has accepted. Anna Eshoo can't but has offered a Zoom call with her liaison. We have received no response yet from those at the state level. The activism for Laura's Law was great—we want to continue this. **Uday:** We need to agree a unified stand on housing and to repeat it in every meeting. (4) We are tracking 50-60 items of upcoming legislation. There followed discussion of some items of upcoming legislation. **Vic:** suggested we select a few bills that we should endorse as NAMI-SCC. **Navah:** expressed her thanks to the office for the work they did to help get Laura's Law passed.
  - b. **New Business:**
    - i. No new business.
5. **Dates to Remember**
- a. Next Board Meeting: Tues 6<sup>th</sup> Jly 2021 at 5:30 PM.

Meeting adjourned at 7:26 PM.

Respectfully submitted,  
Peter Newman  
*Jun 6, 2021*