

Sample Prayers

Intercessions for Christian Corporate Worship *

- Knowing that we are all failed and fallible human beings in some aspect of our lives, let us look with compassion and love upon those struggling to recover from mental health and addiction issues.
- When we are tempted to fall into harsh judgments or indifference towards persons who are struggling profoundly let us remember that our own health and well being is tenuous and vulnerable.
- Let us pour forth mercy and grace upon all those in our communities who most need it.
- Help us to be especially sensitive to those who are hurting and might be vulnerable to taking their own lives.
- Let us pray that those with serious mental health conditions recover sufficiently to reclaim their lives in some tangible way.
- Oh, Lord, help our community of faith be a source of healing and comfort to these communities of pain and struggle.
- Lord, bind us to the individuals inside these institutions. Help us to understand that in caring about them, we are caring about ourselves as we are all one body in Christ.

**Written by Tom Jurgensen*

Prayer from Ecclesia Renewal Church
Pastor Masresha
Translated from the Amharic by Menbere Abere

God, Holy God, you are righteous and God-fearing.
In the name of Jesus Christ, we thank you.
Because of your great mercy, may your holy name be exalted.
We respect you for your kindness and goodness.
O God, we ask you to forgive us our sins and in the name of your Son Jesus Christ.
We pray that we will put you first in every way.

And now we bring in front of you our mentally ill people in various hospitals and clinics around us. We pray for their healing.

Father, your words in James 5:6 says "... Pray for one another that you may be healed ..." According to your word, we pray for you to visit and heal mentally ill people at this time.

Father, in Psalm 34, verse 18, we read: "God is near to those that are broken at heart. He will save them." You are the Lord who heals, the one who saves we beg you Father. As your word says on Mark 11:24 "...Believe that whatever you ask for, you will receive."

We thank you for listening to our prayers and healing them, for you are a compassionate lover.

Glory be to God in heaven and on earth. Amen.

In the name of the Father, the Son, and the Holy Spirit, one God. Amen.

Intercessions for Personal Prayer*

May I continue to receive and remember with a compassionate heart my neighbors in locked facilities. May the light of my love assist these individuals to feel they have not been forgotten.

May I remember that voices with a lived experience of mental health matter in society.

May I remember that these needn't always be terminal conditions.

May I remember that nurturing my own mental health and that of my family and friends is a lifelong commitment to self-care.

**Contributed by Jane Christol*

Prayer for Suicide Awareness Prevention Month*

God of all mercy,

From whose love nothing can separate us, we pray this day for all persons dealing with mental illness and those who love and care for them.

Especially this day, we pray for all whose lives have been touched by suicide, for those who have died by suicide and those who have attempted it.

We pray for those who, because of mental health challenges such as depression, PTSD, or bipolar disorder, live with thoughts of suicide.

We pray for those who live in despair and without hope because of poverty or discrimination.

We pray for families and friends, colleagues and co-workers, who have been touched by the suicide of a loved one.

We pray for counselors and therapists, psychologists and psychiatrists, for pastors, rabbis, priests, and imams. and for all who seek to help.

And we pray, too, that you might give us the courage and wisdom to be there for others in distress, to offer your love and our care, to help break the silence and change the conversation about suicide, to be your listening ear, your hands, and your heart for others.

Amen.

**From the National Alliance on Suicide Prevention*

https://theactionalliance.org/sites/default/files/sample_prayers_v3_sm.pdf