



NAMI-SCC
FaithNet
Creating Mental Health Friendly, Stigma-Free
Congregations in Santa Clara County

MENTAL HEALTH 101

January 27, 2022
11:30am-1:00pm

DID YOU KNOW?

50% of mental
illness begins at
age 14

The average person
waits **8-10 years** to
get treatment

People with mental
illnesses die on average
25 years earlier

Join us to...

- Learn more about mental illness and substance use.
- Be able to offer resources and referrals to those in need.
- Become an advocate for recovery and wellness.

Please RSVP by Monday, January 24th
Zoom Information will be sent following registration.



[Click here to register](#)