



NAMI-SCC
FaithNet

Creating Mental Health Friendly, Stigma-Free
Congregations in Santa Clara County

MENTAL HEALTH 101

February 24th, 2022
11:30am-1:00pm

DID YOU KNOW?

50% of mental
illness begins at
age 14

The average person
waits **8-10 years** for
treatment

People with mental
illnesses die on average
25 years earlier

Join us to

- Learn more about mental illness and substance abuse.
- Be able to offer resources to those in need.
- Become and advocate for recovery and wellness.

Please RSVP by Monday, February 21st.
Zoom Information will be sent following registration.



[Click here to register
bit.ly/nami101](https://bit.ly/nami101)