

NAMI Santa Clara County Board of Directors Meeting Minutes
Tuesday, 5th April 2022, 5:30 PM, by Videoconference

Attendance: Bev Lozoff, Navah Statman, Rovina Nimbalkar, Juan Perez, Harold Brown, Uday Kapoor, Steve Wade, Karen Deloumi, Frank Alioto, Moryt Milo, Kathy Forward, Barbara Thompson, Peter Newman.

Meeting convened at 5:33 PM.

1. **Welcome**

- a. Agenda approved.
- b. Mar 1st, 2022 BoD minutes approved.

2. **Action/New Information**

- a. **Membership—Navah:** Navah spoke about increasing our membership. We currently have 162 members. She suggested we promote membership more strongly to our class participants and organize a couple of activities a year aimed at new members. Members are currently prompted to renew their membership through NAMI National. **Rovina:** observed that we don't have a renewal link on our website and we should add one. Once that is done we can add an automated renewal reminder email. We should collate the information we have about our membership. We currently keep information about members in separate places on many separate lists. **Bev:** noted that we used to have volunteers devoted to membership. We need someone to work on this. **Rovina:** explained what we currently do with our Constant Contact email tool. Once a quarter we could use the Constant Contact list to recruit members. **Moryt:** suggested a tag line at the bottom of every Constant Contact email and also in the newsletter. Giving NAMI Open Door membership to every class participant was also discussed to start people off.
- b. **Community Advisory Council—Harold:** So far we have seven or eight confirmations. Harold went through the list and there was some discussion of people on the list. There was also discussion of other possible candidates, among them Kansen Chu and Evan Low. We don't have a minister yet. Harold will talk to Cindy McCalmont regarding that. Navah will host a meet and greet lunch at her home on May 7. Five of the candidates can attend. Rovina is planning to hold an orientation session on Apr 20. It will be recorded for anyone that can't make it.
- c. **Bylaws and Board Meeting Time—Bev:** The Bylaws Committee met and discussed the frequency of board meetings. They are proposing ten meetings per year with meetings being monthly except for no meeting in Aug or Dec. The bylaws currently state that the board meets once a month. A motion to amend the bylaws to ten board meetings per year was accepted. Meetings to be held in person were suggested for May and Sep, one after installation of the new board and the other before the Walk. The other board meetings will continue via Zoom. It was suggested that meetings via Zoom continue to start at 5:30 PM while meetings in person should start at 7:00 PM due to traffic. **Uday:** discussed the need for a diversity equity inclusion statement in the bylaws. **Navah:** responded that we do have such a clause in the bylaws and we need to be careful of the wording. The Bylaws Committee will take up the issue and bring it back to the board.
- d. **Legislative Committee Board of Supervisors Letter—Karen:** Frank was experiencing difficulty attending the meeting. Karen reported that he wants to withdraw the letter.

3. **Reports and Updates**

- a. **Treasurer Update—Steve:** We still have over \$1m in cash, down slightly from year end. We have \$69k in accounts receivable, collectible in Apr. We currently spend about \$100k per month, 75 percent of which is payroll. As of Mar we have a loss of \$62k, \$20k better than budget. Fundraising is above budget. Everything else is close to budget. Expenses are over budget mostly

due to payroll bonuses that were not budgeted. We are in good shape. Steve gave a summary of progress with the Schiro Trust. There is not much news.

b. **VP Updates:**

- i. **Juan:** Classes are about to start. We recently held a graduation for our last FaF class. Classes are still held remotely via Zoom. Erica gave a presentation on a Facebook channel about NAMI programs. We have one IOOV presentation coming up.
- ii. **Uday:** (1) The MHSA Independent Living Empowerment Project contract has been awarded to Community Health Improvement Partners (CHIP). Team meetings are ongoing. We are discussing peer inclusion. (2) Uday attended the affiliates roundtable. It proved to be a very useful meeting where concerns about the CARE Court initiative were discussed. Similar concerns were expressed by all affiliates. Uday summarized the key issues discussed at the meeting. Uday raised the question of what happens after two years. (3) There were two referrals by county supervisors. The first was on bed tracking. There was a decision to stay with the existing tool. By Jun it is expected to have the same functionality as the LA tool. Discussion followed. Moryt mentioned the statewide bed tracking law in progress. The second referral concerned the navigator tool. The BoS will discuss it in a future meeting. (4) Uday gave a report on the “Bridging the Gap, Services for I/DD and Mental Health” webinar held on Apr 1st. Uday will distribute the recording. (5) There was further discussion of a diversity equity inclusion statement.

c. **Presidents' Updates**

- i. **Bev:** Nothing to report.
- d. **Executive Director Report—Rovina:** Please refer to the Executive Director's Report for details. Several grant applications went out this month. Several more are coming up. We were invited to meet with Kaiser to discuss the best program to apply for which appears to be FaithNet. We have submitted grant applications for the BoS Inventory grants. The NAMI Walk will be held at History Park and Kelly Park in San Jose. Harold and John Hausler are working on a route. We will hold the NAMI Picnic and Walk Kickoff on Jly 9 at Almaden Lake Park. This will be our first in-person event for two years. We have a new sponsorship for the Walk of \$12k from Kaiser. We have hired a Walk Coordinator. We have changed the name of the Warmline to Helpline. The changes are already implemented on our website. Rovina spoke about events for May Mental Health Awareness Month. We have received a lot of requests for our EtS presentation.
- e. **Consultant Report—Kathy:** Please refer to the list of ongoing classes, support groups and presentations. Kathy gave a report of the AOT Committee meeting that she attended. There have been 150 inquiries, 40 applications and 12 are being referred to the AOT team. The county is doing the outreach and then there's a hand off. These are still Zoom meetings. CalHOPE has been extended until May. We received a FaithNet extension until end Jun. They may continue to fund trainings beyond that.
- f. **Fundraising Committee Update—Harold:**
 - i. **Funding Plans and Grants Status:** Rovina has covered funding and grants.
 - ii. **NAMIWalk:** This is the first time we have received a sponsorship from Kaiser. Harold would like to see them engage in peer mentoring also. There followed some discussion on mental health services in Kaiser. History Park and Kelly Park look good as a Walk venue. We are working out the details.
- g. **Community Peer Program and FaithNet:** Please refer to the Community Peer Program report. FaithNet is moving to quarterly reports. Mental Health 101 trainings continue on a monthly basis.
- h. **Newsletter—Bev:** Articles for the May issue should be submitted by Apr 18.

- i. **General Meeting—Bev:** We were hoping for a presentation on wellness in May but the speakers are not available. We have presenters lined up through the fall.

4. **Other Actions**

a. **Legislative Committee: Legislation Updates:**

- i. **Karen:** Spoke about the advocacy information now available on the NAMI CA website. There appears to be a theme focusing on youth but we need to look at legislation, CARE Court, building up the workforce, tracking and services also. President Biden is talking about putting money into mental health. **Uday:** mentioned 'Not In My Back Yard' issues. **Karen:** related a story regarding her son. **Uday:** spoke of us doing advocacy at the city councils. **Karen:** suggested we prepare short stories that we can share in two minutes at the microphone. **Navah:** remembered the old yellow tee shirt we used to wear at such meetings.
- ii. **Navah:** spoke about legislation and advocacy issues on her mind. LPS is being updated a little in line with the auditors report from last year. There is legislation for the state to come out with clear guidelines for the 5150. Currently each county has their own. It is only in the last twenty years that mental health has been run at the county level. Uday felt this is fixing the symptom rather than the cause and animated discussion followed. SB 507 will update AOT to allow capacity and medication to be addressed. The state will apply for the IMD exclusion waiver. It's about time and it might free up some budget. Navah explained the IMD exclusion waiver.

b. **New Business:**

- i. Bev reminded us that the installation of officers of the board will occur at the General Meeting next week.

5. **Dates to Remember**

- a. Next Board Meeting: Tues 3rd May 2022 at 5:30 PM.

Meeting adjourned at 7:22 PM.

Respectfully submitted,

Peter Newman

Apr 10, 2022