

NAMI Santa Clara County Board of Directors Meeting Minutes  
Tuesday, 1<sup>st</sup> August 2023, 5:30 PM, by Videoconference

**Attendance:** Uday Kapoor, Navah Statman, Rovina Nimbalkar, Kathy Forward, Harold Brown, Frank Alioto, Steve Wade, Karen Deloumi, Moryt Milo, Jillian Yang, Peter Newman.

**Guest Speaker:** Ky Le

Meeting convened at 5:30 PM.

1. **Welcome**

- a. Agenda approved.
- b. Jun 6<sup>th</sup>, 2023 BoD minutes approved.

2. **Presentation—Ky Le, Deputy County Executive:**

Ky introduced himself and spoke of his role in the county organization. He spoke about: expanding mental health and substance use services, opening up residential treatment, residential care facilities, treatment facilities, homelessness prevention, housing programs and the tenant-based rental assistance program.

Uday asked about lack of staffing and how the county is handling that.

Uday spoke about the lack of contact we hear about from some of our folks—patients not receiving the amount of services required. Kathy suggested opening up to more peer specialists. Not everyone needs to be a licensed clinician.

Frank asked what has changed as a result of the state of emergency that the county declared.

Karen asked what we might do to fix gaps in care for those with a chronic illness and also spoke about licensed and unlicensed board and cares.

Navah declared the Assisted Outpatient Treatment program a success. She suggested that CARE Court will put pressure on higher levels of care and inquired about education changes that will be necessary for county employees. Navah congratulated Ky on his new job.

Frank spoke about the loss of 18 beds from the closure of Mission Oaks Hospital and asked what options are available.

Uday thanked Ky for spending time with us and looked forward to ongoing check-ins.

3. **Reports and Updates**

a. **Treasurer Update—Steve:**

- i. Please refer to the Treasurer's Report. We now have embarrassing riches from the proceeds of the Schiro Trust most of which is now invested. \$2M is invested in CDs and Treasury notes and bills. We are on track for an estimated \$166k in annual interest. We expect to receive another \$500k when the estate closes. We are in good shape. Jun/Jly was slightly below budget in revenue and expenses were below budget due to hiring delays. A motion to approve the report as presented was passed.

b. **VP Updates:**

- i. Nothing to report.

c. **President's Update—Uday:**

- i. Uday introduced a discussion of our need to have a seat on the SCC Behavioral Health Board. In the past we always had a couple of people on the BHB. We need to recruit a NAMI member to attend those meetings. Uday will work to get one person on the board.
- ii. A general discussion opened up on the rally we held to protest the planned closure of the acute psychiatric beds at Mission Oaks Hospital. Moryt summarized the events of the rally.

She felt the event was very motivational and it was empowering to see four NAMI affiliates attend. She asked what we can do on a regional scale—it is not just a Santa Clara County problem. Frank listed the TV stations that covered the event as a result of his calling news desks and speaking to editors. We received a lot of press coverage. Uday spoke of the interview he gave to KQED. How do we keep the momentum going? Moryt proposed we write an editorial and submit it to the SJ Mercury News. If they don't pick it up others will.

iii. Harold reported on attending the Dave Cortese and Ro Khanna town hall.

- d. **Executive Director Report—Rovina:** Please refer to: the Executive Director's Report, the Community Peer Program Report, the Outreach Activity Report, the Community and Media Relations Liaison Report and the list of ongoing classes, support groups and presentations.
- i. Rovina reviewed the grant applications submitted and the six progress reports on ongoing grants that were recently due. We have raised over \$107k for the NAMI Walk, more than at this time last year. We are recruiting for a number of staff positions. The FaithNet program is in need of some attention. We are trying to put that together. Rovina expects the Korean American Community Foundation is likely to give us another two years of funding. Rovina has spent time training our event coordinator. Palo Alto University is now a sponsor of the Walk. They will create their own student team. Rovina and Kathy will attend the NAMI CA Conference. Bev has asked that the board sponsor the Walk. Rovina will coordinate this. Moryt asked how we spend the grant money we raise for our EtS program.
- e. **Fundraising Committee Update—Harold:**
- i. Harold spoke in praise of all the outreach work we see reported in the program reports. We had a very successful Walk kick-off event. We are starting the detailed planning. We are hoping for a sponsorship from the SJ Police Dept. given the CIT work we do with them.
- f. **Newsletter—Uday (for Bev):** Articles for the Sep issue should be submitted by Aug 11.
- g. **General Meeting—Uday (for Bev):** Uday reviewed plans for speakers in upcoming meetings. The Sep meeting will feature Dr. Ken Duckworth, NAMI's Chief Medical Officer.

#### 4. **Other Actions**

- a. **Legislative Committee: Legislation Updates—Frank:**
- i. Frank gave a summary of the elected officials he has been in touch with regarding the closure of Mission Oaks Hospital. Frank has heard that the behavioral health bond measure is likely to get lost in the expected crowd of upcoming ballot measures.
- ii. Karen announced that we will consider our next steps at the legislation committee meeting tomorrow.
- iii. Uday spoke about SB363 the statewide bed registry database.
- iv. Moryt spoke about SB326 the \$700M carve-out from the MHSA budget in aid of the homeless. Discussion followed.
- b. **New Business:**
- i. Moryt invited a discussion of the theme of her proposed editorial regarding the closure of Mission Oaks Hospital.

#### 5. **Dates to Remember**

- a. Next Board Meeting: Tues 5<sup>th</sup> Sep 2023 at 5:30 PM.

Meeting adjourned at 7:30 PM.

Respectfully submitted,

Peter Newman

Aug 4, 2023