



## RESEARCH OPPORTUNITY

NAMI is committed to improving the lives of people impacted by mental health conditions through effective treatments, equitable public policies, and greater knowledge and understanding in society. Research is essential to advance each of these goals. When NAMI is approached to be involved in research of any type, at any level, we take it very seriously. NAMI's Chief Medical Officer Dr. Ken Duckworth and Chief Program Officer Dr. Teri Brister thoroughly review the research protocols and methodology and the documentation that the study has been approved by an Institutional Review Board (IRB) to assure the safety of those involved.

NAMI does not accept financial compensation for recruiting research participants. NAMI also does not endorse any products or treatments. We share these research opportunity notices with you, our field leaders, to distribute at your discretion if you believe that members of your community may be interested in participating in these studies.

If you have questions about research at NAMI, please visit [NAMI.org/research](https://www.nami.org/research) or email [research@nami.org](mailto:research@nami.org).

## WHAT IS THE STUDY?

This is an online survey for **NAMI State Organization (NSO) and NAMI Affiliate (NA) staff and volunteers** to help the National Office learn about **resources and programs for youth under age 14** currently offered by the Field. NAMI also welcomes information about why NSO/NAs have chosen to offer *or not offer* these resources and programs.

Historically, NAMI's efforts to support young people's mental health have focused on young adults ages 18-25, high school students, and more recently, middle school students. In 2022, NAMI released "Meet Little Monster," a mental health coloring and activity book for young children created by NAMI Washington that has been incredibly popular, bringing to NAMI's attention its need to have more resources and initiatives for younger audiences.

Participating in this survey will help the National Office understand the current landscape of youth mental health resources within the Field and how to best support the Field and youth under age 14 moving forward.

**The survey will take 5-10 minutes to complete.** Respondents will also have the option to provide a name and email address for themselves or another person at their NSO/NA for a follow-up conversation with NAMI National staff.

## WHO CAN PARTICIPATE?

Individuals with a staff or volunteer role at an NSO/NA, particularly those involved in youth mental health support, are encouraged to complete the survey. Respondents will be asked to identify their primary NSO/NA. Individuals who are not affiliated with NAMI are *not eligible* to participate in this survey.

## WHERE IS THE STUDY TAKING PLACE?

This is an online survey that may be taken from a laptop, smartphone, tablet, etc. Optional follow-up conversations will take place via phone or Zoom.

## HOW DO I LEARN MORE?

If you have questions or would like more information, please contact Jennifer Rothman at [jrothman@nami.org](mailto:jrothman@nami.org) or the NAMI Research team at [research@nami.org](mailto:research@nami.org).