



Date \_\_\_\_\_

## VOLUNTEER OPPORTUNITIES

NAMI Santa Clara County is a volunteer grassroots organization dedicated to supporting, educating and advocating for consumers, families, and friends affected by mental illness. In our efforts to expand our reach and impact, we are seeking passionate volunteers who are committed to enhancing and advancing our organization’s services and programs within our community.

**Please mark the volunteer areas you are interested in:**

- General Office Work** – Prepare bulk mailings, fold newsletter, label & fold brochures, stuff envelopes and work on projects as needed.
- Booths/Tabling** – Staff the NAMI booth/table at various community events and functions.
- NAMI Walk** – Form or join a team for the annual NAMI Walk. Support NAMI-SCC staff on day of event. This is a major fundraising event for NAMI-SCC and an opportunity to raise awareness, advocate & end the stigma surrounding mental illness.
- Annual Events** – Help at events such as the picnic or the holiday drive.

*Have you taken any NAMI Classes? Mark the NAMI class you have taken below:*

- Family to Family*    *NAMI Peer to Peer*    *NAMI Basics*

**If you are a graduate of one of these NAMI classes, here are a few more ways you can be involved**

**Facilitate Support Groups**    **Teach NAMI Classes**    **Helpline**

How do you anticipate your skills and experience contributing to the value of NAMI-Santa Clara County and what personal benefits do you foresee gaining from volunteering with us. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please indicate the day(s) and time(s) that you are available to volunteer:

M  Tu  W  Th  F  Sa  Su Hours \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ Apt. No. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell \_\_\_\_\_ E-mail \_\_\_\_\_

Please email this form to: [volunteercoordinator@namisantaclara.org](mailto:volunteercoordinator@namisantaclara.org) or mail to the address below.

**NAMI-Santa Clara County**  
**1150 S. Bascom Ave. Suite 24**  
**San Jose CA 95128**  
**Tel 408 453-0400 Option #1**  
[www.namisantaclara.org](http://www.namisantaclara.org)