

NAMI Santa Clara County Board of Directors Meeting Minutes
Tuesday, 4th June 2024, 5:30 PM, by Videoconference

Attendance: Uday Kapoor, Rovina Nimbalkar, Navah Statman, Kathy Forward, Frank Alioto, Karen Deloumi, Juan Perez, Moryt Milo, Steve Wade, Jillian Yang, Dolly Sandoval.

Visitor: Sarah Prabhu (for meeting notes).

Meeting convened at 5:48.

1. **Welcome**

- a. Agenda approved.
- b. May 7th, 2024, BoD minutes approved.

2. **Reports and Updates**

a. **Treasurer Update—Steve:**

- i. Please refer to Treasurer's report. We have \$3.62m in cash and investments. Accounts receivable is 70K and will be collected in June. Revenue varies month-by-month. Most of the 1.5K revenue came from individual contributions. We are expecting cash to arrive in June or July, particularly from grants. We are 90k below the budgeted YTD revenue. All major expenses except payroll are close to budget. Payroll is below budget as we are still hiring a few positions. We will have an income of \$12k/month for the rest of the year from Schiro Trust. A motion to approve the treasurer's report as presented was passed.

Action Item: The Board will create a committee to brainstorm and assess the needs in the community to create new programs using Schiro funds.

b. **VP Updates:**

- i. **Juan:** Please refer to the Spanish Report for details. He did an outreach at Cinco de Mayo that went very well.
- ii. **Moryt:** Nothing to report

c. **President's Update—Uday:**

- i. Spoke with County executive about the effect of nurses' strike on behavioral health services. Valley Medical is struggling due to this strike. County is preoccupied with Fentanyl and CPS issues. Rovina gave a great keynote speech and Harold was awarded the Heros award for family. Uday liked how he used this opportunity to talk about NAMIWalks.

d. **Executive Director Report—Rovina:** Please refer to: the Executive Director's Report, the Community Peer Program Report, the FaithNet Report, the Community and Media Relations Report and the list of ongoing classes, support groups and presentations.

- i. Applied for grants based on their area of focus. Based on this Rovina applied for ETS and CPP program grants.
- ii. Rovina will also apply for FaithNet grants this year.
- iii. Dr. Anna Lembke, Professor and Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic will be the Honorary Chair at NAMIWalks 2024. She appears on Netflix film "The Social Dilemma".
- iv. Rovina is still looking for a Keynote speaker for NAMIWalks 2024. We already have 200 people RSVP to participate in the NAMIWalk this year. This is significant as we had only 70-80 RSVPs in the previous years.
- v. Our affiliate has been made responsible to organize the Bay Area Affiliate Symposium in July with NAMI CA to honor Minority Mental Health Awareness Month. This is scheduled

for July 11th, 2024, at Shoreline Michael's Cafe. We anticipate 90 to 100 participants. NAMI CA are funding it.

- vi. May was a busy month due to May Mental health month. The social media campaign and wellness event at the yoga studio went very well.
- vii. StigmaFree Workplace presentations at corporate offices were successful. The corporate offices appreciated the topics on how to identify and support employees who may be experiencing mental health symptoms. We will continue to provide these presentations throughout the year.

e. **Fundraising Committee Update—Rovina:**

- i. The Fundraising Committee did not meet this past month. The next meeting will be in Aug.

f. **Newsletter—Moryt (for Bev):** Articles for the July-Aug issue should be submitted by June 15. The next issue will be in September.

g. **General Meeting—Moryt (for Bev):** Moryt gave a review of the speaker and topic for the next meeting. Dr. Katherine Taylor is our June 11 “Ask the Doctor” general meeting presenter. No General meeting for the months of July & Aug.

- i. As our monthly General Meeting attendances are reducing, she suggested we reduce the number of meetings per year. She will work with Rovina to send out a survey to get feedback from the public on topics of interest. By reducing the frequency of the meetings, we hope to achieve higher attendance at these meetings.

3. **Other Actions**

a. **Legislative Committee: Legislation Updates—Frank**

- i. Frank mentioned that he went to Sacramento as a witness for SB1300. It has secured CA Labor Federation's support.
- ii. He connected with County executive recently.

b. **New Business:**

- i. No new business.

4. **Dates to Remember**

- a. No Board Meeting in July.

Meeting adjourned at 6:46 PM.

Respectfully submitted,

Sarah Prabhu

June 5, 2024