

## *We Are Here To Help*

**NAMI Santa Clara County (NAMI SCC)** is one of the largest Bay Area affiliates of NAMI (**National Alliance on Mental Illness**) and NAMI California. Organized in 1975, NAMI Santa Clara County is a countywide nonprofit volunteer organization that offers a community resource and support center with over 500 members, including families and friends of persons living with a mental illness, mental health professionals and consumers of mental health services. NAMI SCC is building better lives for individuals and families in Santa Clara County:

- We **ADVOCATE** for access to services, treatment, support services and research
- We **EDUCATE** through stigma-reducing classes to consumers, family members, teachers, mental health providers, faith leaders and police officers
- We **PROVIDE** support groups for consumers and family members
- We **CONNECT** people to local and national resources

We are committed to raising awareness, reducing stigma and building a stronger community.

### ***Our Mission***

The mission and values of NAMI Santa Clara County are to help people with a lived experience of mental illness and families by providing support, education and advocacy; to promote research; to reduce stigma and discrimination in the community; and to improve services by working with health professionals and families.

10.20.2023

## *You Are Not Alone*

- Is someone in your family suffering from a mental illness?
- Do you feel alone and isolated with this problem?
- Have you wondered how other families cope?
- Would you like to talk with someone who understands and can give emotional support?
- Do you want information about services for individuals in Santa Clara County who are living with a mental illness?

### ***NAMI Santa Clara County Community Resource Center***

Our Office is located at **1150 S Bascom Ave., Suite 24, San Jose, CA 95128**

**Office Hours: Monday-Friday, 10 A.M.-6 P.M.,  
Walk-in Hours: 10 A.M.-2 P.M.,** except on federal holidays.

**Helpline Desk:** Our Helpline Desk offers nonjudgmental support to individuals and families during times of need as well as guidance on how to begin a path of recovery. Help is also available in Spanish and Mandarin.

After-hours messages can be left on our voicemail and will be answered the next working day.

You will find knowledgeable volunteers, a mental health resource library and free printed materials at our office.

Our NAMIWalks Silicon Valley is held annually. Please visit **[www.namiwalks.org/siliconvalley](http://www.namiwalks.org/siliconvalley)** to register, create or join a team, donate, sponsor, fundraise, and connect with your NAMI-SCC family. Please continue to check our website and social media for updates.

**Dedicated to  
improving the  
quality of life for  
people living with  
mental illness  
and their families  
through support,  
education and  
advocacy.**

**National Alliance on Mental Illness  
Santa Clara County**

For information please call:  
**408.453.0400, Option #1**  
or Email:  
**[info@namisantaclara.org](mailto:info@namisantaclara.org)**

**1150 S Bascom Av, Suite 24  
San Jose, CA 95128**

Affiliated with NAMI California  
and NAMI National



**Santa Clara County**

National Alliance on Mental Illness



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*Support*

*Education*

*Advocacy*

*Information*

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**(408) 453-0400**