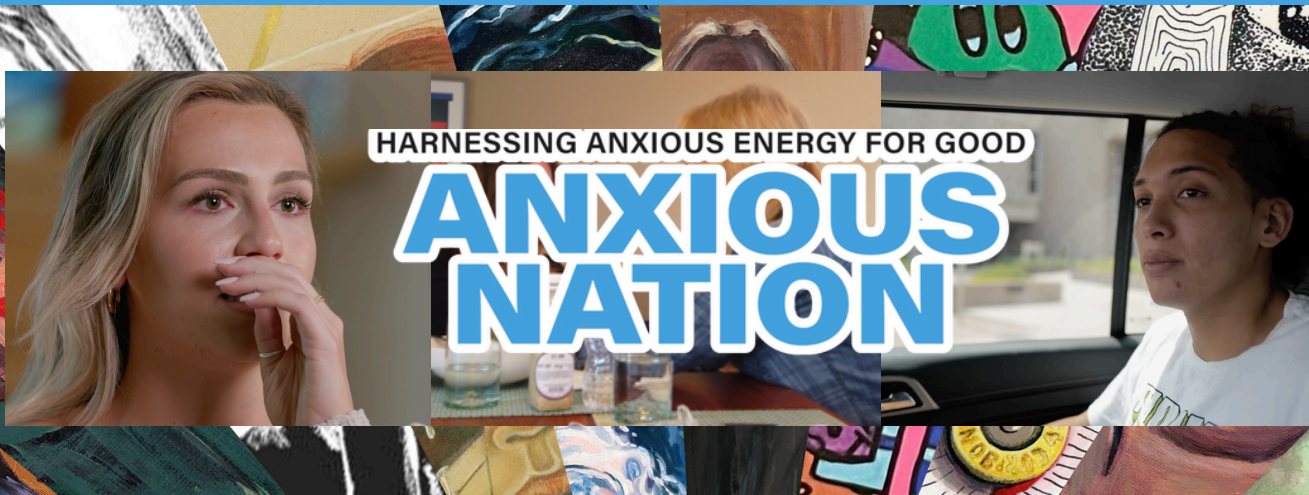




Join NAMI-Santa Clara County for our Virtual Mental Health Awareness Event

Tuesday May 12 2026
6:00 – 8:30 PM

Featuring a Live Screening of the Inspirational Film, “Anxious Nation”



Followed by Panel Discussion on Youth Mental Health

Panelist



Laura Morton
“Anxious Nation”
Filmmaker

Panelist



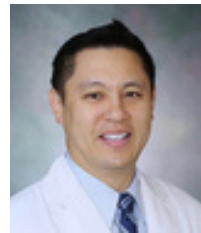
Rachel Cucchiara
NAMI-SCC’s
Youth Program
Administrator

Panelist



Dr. Nahal Zakerani
Pediatric
Psychologist

Panelist



Dr. Hogan Shy
Physician

Moderator



Moryt Milo
Journalist and
Editor

Proceeds from this event will help support NAMI-Santa Clara County’s Ending the Silence (ETS) program, which brings mental health education and awareness to youth in our community.

Tickets for this event are available at a minimum of \$10, we invite you to contribute more if you’re able.

Scan QR code or visit link below to learn more:

www.namisantaclara.org/anxious-nation-virtual-movie-screening-live-panel-discussion

