

NAMI Santa Clara County Board of Directors Meeting Minutes  
Tuesday, 7<sup>th</sup> Apr 2026, 5:30 PM, by Videoconference

**Attendance:** Uday Kapoor, Rovina Nimbalkar, Kathy Forward, Bev Lozoff, Juan Perez, Moryt Milo, Scott Whelton, Jillian Yang, Dolly Sandoval, Dr Hogan Shy, Gayatri Shah, Brandon Sanchez, Peter Newman.

Meeting convened at 5:32 PM.

1. **Welcome**

- a. Agenda approved.
- b. Mar 3<sup>rd</sup>, 2026 BoD minutes approved.

2. **Reports and Updates**

a. **Treasurer Update—Scott:**

- i. Please refer to the Treasurer's Report. Scott had nothing to add in addition to his report. The Investment Committee met. Moryt asked about the grant income expected but not received. This is simply a timing issue. It is hard to guess the timing of grant income when setting the budget. A motion to approve the Treasurer's Report was passed.

b. **VP Updates:**

- i. **Moryt:** suggested that we should include links in our newsletter to stories in San Jose Spotlight that cover the current county budget crisis. Perhaps we could also link to the stories from our website. Moryt will discuss with Bev and Dolly how to get this done.
- ii. Uday asked Moryt for an update on the budget crisis. Moryt responded with a brief review. Spotlight recently reported that the SCC Behavioral Health Services Department faces a \$100 million deficit in the coming fiscal year. The state is exacerbating the situation because they are not bringing in funds. The issue will extend into the 2027 fiscal year also.
- iii. **Juan:** Please refer to the Spanish Team Report. We are doing fine; we are about to start a new FaF class. We are still running the support group with as many as 40 attendees. This can be a problem but it is a good problem to have.
- iv. **Bev:** The result of the board officer election is in. With online voting we had 72 people vote this year. We have never had this many before. It turned out to be very simple to organize. We should publish the result in the newsletter.

c. **President's Update—Uday:**

- i. Uday welcomed Rovina back from her break.
- ii. Uday attended the Volunteer Appreciation event. It went well.
- iii. On her visit to Washington DC, Rovina got to know the president of NAMI National. He has invited her to join the strategic investment committee to allocate the funds donated by MacKenzie Scott.
- iv. Uday has forwarded the slides on bylaws he received from the NAMI Council of Affiliate Presidents. He asked the board members to please take a look at them. We will review them next month.
- v. Uday attended a NAMI meeting yesterday on accreditation. Kathy asked if the bylaws are part of the accreditation process. This was a much broader discussion but a review of bylaws might be included.
- vi. Dolly and Uday will be attending the San Andreas Regional Center (SARC) Annual Legislative Luncheon.

- vii. Next week Uday will be meeting Sean Kali-Rai, publicist and liaison for Patrick Rohan CEO of Good Samaritan Hospital, San Jose. He will bring up Brandon's issues with Good Sam.
- d. **Executive Director Report—Rovina:** Please refer to: the Executive Director's Report, the Community Peer Program Report, the FaithNet Report, the Community and Media Relations Report and the Education and Outreach Report.
  - i. We submitted nine or ten grant applications last month.
  - ii. The Annual Picnic is Jun 6.
  - iii. We will have a small fundraiser of an online screening of the movie Anxious Nation. After the movie Moryt will moderate a panel discussion including the two directors, a therapist from ASPIRE, Dr Shy and our Youth Program Administrator. The initial idea was for an in-person movie screening but that didn't work out so we will just do it online. Discussion followed regarding the length of the panel meeting.
  - iv. There will be an event in Aug with the hiking group No Worries Amigo. It is a small fundraiser to attract new people to join us for the Walk.
  - v. Rovina spoke about the NAMI National panel she has been invited to join to consider how to allocate the donation from MacKenzie Scott. Rovina asked for ideas from the board. Dolly asked about metrics for the NAMI programs. The programs are all different; it is hard to compare them. Rovina suggested our own Community Peer Program would be something to propose.
  - vi. Kathy spoke about a pilot NAMI accreditation program that we will apply to join. Over the next five years all NAMI affiliates will have to be accredited. NAMI National wants to apply standards of excellence. Kathy gave a review of our own affiliate's progress over the years. There are now 650 NAMI affiliates.
  - vii. Rovina met with a consultant regarding board training. It is likely to be three one hour sessions before the May, Jun and Aug board meetings. It will focus on fundraising.
  - viii. Dolly and Rovina will meet to plan meetings with our legislators.
- e. **Newsletter—Bev:** The Apr newsletter went out yesterday. Articles for the May issue should be submitted by Apr 17. Frank used to write articles for the newsletter fairly frequently. Bev will discuss this with Dolly.
- f. **General Meeting—Bev:**
  - i. At next week's meeting we will have Dr Jacob Ballon of Stanford speaking about recent developments in the treatment of schizophrenia. We have speakers lined up for the Jun and Sep meetings.

### 3. Other Actions

- a. **Legislative Committee: Legislation Updates—Dolly:**
  - i. Dolly spoke about Supervisor Margaret Abe-Koga's mental health summit. Big behavioral health cuts are coming and there's not much we can do about it.
  - ii. Dolly has been monitoring Legiscan but the federal government is on break and the Assembly and state is just getting started again.
  - iii. **Moryt:** informed us that Allcove, a local mental health program for young people, has retained its funding at \$1.7 M.
- b. **New Business:**
  - i. Dr Shy observed that information about NAMI is now being given to referrals to psychiatry from his department.

### 4. Dates to Remember

- a. Next Board Meeting: Tues 5<sup>th</sup> May 2026 at 5:30 PM.

Meeting adjourned at 6:25 PM.

Respectfully submitted,  
Peter Newman  
*Apr 12, 2026*