

FREE MENTAL HEALTH AND SUICIDE PREVENTION TRAININGS

The County Behavioral Health Services Department's Prevention Services Division is providing self-paced Be Sensitive, Be Brave (BSBB) trainings. Each online course can be completed in as little as 60 minutes.



spot when someone is under mental or suicidal distress



ask them about it



do your best to connect them to help

For questions, please contact preventionservices@hhs.sccgov.org.

Follow the steps below to access a training!

1

Click the link below to access the Mental Health training:
bit.ly/bsbbmhonline

2

Click the link below to access the Suicide Prevention training:
bit.ly/bsbbsponline

3

Create a personal account and enroll in a course.

Use a code at checkout to reduce the cost to \$0. All codes are **case sensitive** and can be used for both trainings.

For technical assistance, please contact bsbb.assistance@gmail.com.

Use code
SCBSBB

if you are a community member who lives or works in Santa Clara County.

Use code
SCYOUTH24

if you are a Santa Clara County K-12 educator, staff, or youth caregiver.

Use code
SCOA24

if you are a senior care provider working in Santa Clara County.