

Mental Health Awareness Event

NAMI **Walks** Silicon Valley

Saturday, October 3, 2026 • History Park San Jose

MENTAL
HEALTH
for
all



KEYNOTE SPEAKER
Supervisor Otto Lee

President of the Santa Clara County
Board of Supervisors



HONORARY CHAIR
Dr. Farouk Dey

President of Palo Alto University

Presenting...

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Mitchem*

**meir&navah
statman**

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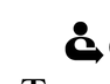
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University**

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LOS GATOS LIONS CLUB

TOGETHER *we are*  **NAMI** **Walks**



Saturday October 3, 2026

History Park San Jose, 635 Phelan Avenue, San Jose, CA. 95112

- **PAVED WALK ROUTES**
- **PET AND FAMILY FRIENDLY**
- **RESOURCE BOOTHS**
- **MUSIC AND ENTERTAINMENT**
- **TEAM BUILDING ACTIVITY**

REGISTER TODAY!



NAMIWALKS SILICON VALLEY FUNDRAISES FOR NAMI-SANTA CLARA COUNTY SERVICES. YOUR SUPPORT CONTRIBUTES TO OUR PROGRAMS REMAINING FREE AND ACCESSIBLE.

Our Programs

NAMI-SANTA CLARA COUNTY SERVICES – ALL FREE OF CHARGE AND IN MULTIPLE LANGUAGES

- **Support Groups** for individuals living with mental health conditions and for families and caregivers
- **Helpline** offering one-on-one support, local resources, and a listening ear
- **Classes that help families, parents, and individuals** better understand mental illness and how to support recovery
- **Community Peer Program** featuring trained peer mentors with lived experience who provide ongoing support and connection
- **Presentations in schools and communities** to educate about mental health, reduce stigma, and encourage help-seeking
- **Community Outreach** at events, workplaces, and faith centers to promote mental health awareness
- **Advocacy** to improve mental health systems and policies in our community



Register as an individual walker, form a walk, team or sign up to be a sponsor of the event!

SCAN HERE!



NEED SUPPORT?

Call our Helpline: (408) 453-0400, option 1

Learn more: www.namisantaclara.org



namiwalks.org/siliconvalley