

NAMI Santa Clara County Board of Directors Meeting Minutes
Tuesday, 1st September 2026, 5:30 PM, by Videoconference

Attendance: Uday Kapoor, Rovina Nimbalkar, Bev Lozoff, Dolly Sandoval, Dr Hogan Shy, Brandon Sanchez, Peter Newman.

Guests: Jenny Gallagher Blom, Amy Fazio

Meeting convened at 5:34 PM.

1. Welcome

- a. Agenda approved.
- b. Aug 4th 2026 BoD minutes approved.

2. Board Training: Amy, Jenny—Strategic Consulting Partners

- a. Amy gave a presentation on board development. There was some focus on the development of fundraising but also on subjects of governance, board growth and board recruitment. Some time was available for discussion.

3. Reports and Updates

a. Treasurer Update—Rovina:

- i. The Treasurer's Report was not available at the time of the meeting. Rovina gave a brief review of some highlights of the budget versus actual report. Individual contributions are nearly 8% above budget. Grants are about 1.5% below budget but this is just variability in timing. We are doing well.

b. VP Updates:

- i. **Bev:** In recent years the board itself has been a sponsor for the NAMI Walk. We would like to do so again this year. Bev will send out an email about this to the board. Rovina explained that it would be helpful to know the sponsorship amount soon so that we can assign a sponsorship level in the printed collateral.

c. President's Update—Uday:

- i. At the end of the month we have a Zoom meeting with Patrick Rohan, the CEO of Good Samaritan Hospital, San Jose, regarding the closure of the Mission Oaks facility. Michael Fitzgerald and Jim Beall will participate.
- ii. Uday will have a meeting with Bien Doan, a San Jose City Council member. This is in response to Moryt's article regarding homelessness.
- iii. We need to decide when to hold our in-person board meeting. Rovina will follow up with an email. Uday asked whether we should invite members of the Community Advisory Council.

d. Executive Director Report—Rovina: Please refer to: the Executive Director's Report, the Spanish Team Report, the Community Peer Program Report, the FaithNet Report, the Community and Media Relations Report and the Education and Outreach Report.

- i. Grant applications are ongoing. **Bev:** asked about the grant applications to the 100 Women Foundation and the San Jose Mercury News Wish Book. We applied to 100 Women for FaithNet and to Wish Book for EtS this year. We apply every year.
- ii. The NAMI Walk is picking up. Our Keynote Speaker will be Supervisor Otto Lee and our Honorary Chair Dr Farouk Dey, President of Palo Alto University. We will have a similar program to last year including both long and short walks.
- iii. We are working on the End-of-Year letter and the Holiday Drive. We have selected a story to feature in the letter.
- iv. We held a celebration of life on her birthday for Val, our staff member who passed away.

e. **Newsletter—Bev:**

- i. The Sep newsletter went out yesterday. Articles for the Oct issue should be submitted by Sep 21.

f. **General Meeting—Bev:**

- i. The speaker for our meeting next week is Robert Villanueva, now a NAMI Trainer of Trainers. Bev gave a brief bio for Robert who will talk on: “Speaking Beyond Stigma.”

4. **Other Actions**

a. **Legislative Committee: Legislation Updates—Dolly:**

- i. Karen, Frank and Dolly meet regularly to look at LegiScan.
- ii. The state senate is seeking to beef up training for those who make involuntary confinement decisions. Dolly hopes it will succeed, especially given there is no cost attached.
- iii. Dolly spoke about Moryt's Spotlight article on transforming the county jail. She observed that the money required has increased substantially since discussion started.

b. **Community Merit Award—Peter:**

- i. The secretary announced that it is time to begin thinking of candidates for our Community Merit Award 2027. The award is given to someone who has made a significant gain or improvement in the quality of life for people with mental health issues. We will discuss candidates at the Oct meeting and select one at the Nov meeting. The secretary will send out a summary of candidates from recent years and some excerpts from the minutes regarding our discussions. Please be ready to propose candidates at the next board meeting.

c. **New Business:**

- i. The meeting closed with discussion of the documentary movie Silent War by Elaine Peng about struggles with mental health in the Asian community. It has been sponsored by NAMI National and received good reviews.

5. **Dates to Remember**

- a. Next Board Meeting: Tues 6th Oct 2026 at 5:30 PM.

Meeting adjourned at 7:13 PM.

Respectfully submitted,

Peter Newman

Sep 06, 2026